

## Child Health Nursing (बाल स्वास्थ्य नर्सिंग)

**Q1.** Which is the earliest sign of respiratory distress in a neonate?

- A. Nasal flaring
- B. Cyanosis
- C. Bradycardia
- D. Grunting

**Correct Answer: A. Nasal flaring**

**Q2.** What is the normal heart rate range for a healthy newborn?

- A. 60–100 bpm
- B. 100–160 bpm
- C. 120–200 bpm
- D. 80–140 bpm

**Correct Answer: B. 100–160 bpm (100 to 205 beats per minute (bpm) when awake and 90 to 160 bpm when sleeping)**

**Q3.** The vaccine given at birth to prevent tuberculosis is:

- A. Hepatitis B
- B. DPT
- C. BCG
- D. IPV

**Correct Answer: C. BCG**

**Q4.** Which of the following is a cardinal sign of dehydration in infants?

- A. Dry skin
- B. Bulging fontanel
- C. Sunken eyes
- D. Skin rash

**Correct Answer: C. Sunken eyes**

**Q5.** Which of the following is the most appropriate immediate nursing action for a child experiencing a febrile seizure?

- A) Restrain the child to prevent injury
- B) Insert a tongue depressor to prevent tongue biting
- C) Place the child on their side and clear the surrounding area

- D) Give the child fluids to prevent dehydration
- E) Administer an antipyretic during the seizure

**Correct Answer:** C) Place the child on their side and clear the surrounding area

**Q6.** Which of the following indicates severe acute malnutrition in children?

- A. Low-grade fever
- B. Visible severe wasting or edema
- C. Persistent vomiting
- D. Constipation

**Correct Answer: B. Visible severe wasting or edema**

**Q7.** What is the most important nursing assessment in a child with epiglottitis?

- A. Monitoring skin turgor
- B. Assessing airway patency
- C. Checking urine output
- D. Evaluating body weight

**Correct Answer: B. Assessing airway patency**

**Q8.** Which congenital condition causes a narrowing of the pyloric sphincter in infants?

- A. Intussusception
- B. Hirschsprung's disease
- C. Pyloric stenosis
- D. Diaphragmatic hernia

**Correct Answer: C. Pyloric stenosis**

**Q9.** Which of the following symptoms typically presents first in a child with measles?

- A) Measles rash
- B) Koplik spots inside the mouth
- C) Fever, cough, runny nose, and red eyes
- D) Swollen lymph nodes
- E) Fatigue and loss of appetite

Correct answer: C) Fever, cough, runny nose, and red eyes

**Q10.** Which is the most appropriate site for administering an intramuscular injection in infants?

- A. Deltoid
- B. Dorsogluteal
- C. Vastus lateralis
- D. Ventrogluteal

**Correct Answer: C. Vastus lateralis (located on the anterolateral thigh.)**