

# Nursing Foundations (नर्सिंग की मूल अवधारणाएं)

**Q1.** Which principle underlies the ethical obligation of a nurse to maintain patient confidentiality?

- A. Autonomy
- B. Beneficence
- C. The Principle of Fidelity
- D. Non-maleficence

**Correct Answer: C. Fidelity**

**Q2.** What is the primary purpose of nursing care planning?

- A. To meet the doctor's goals
- B. To ensure billing documentation
- C. To provide individualized patient care
- D. To fulfill hospital protocols

**Correct Answer: C. To provide individualized patient care**

**Q3.** Florence Nightingale emphasized which of the following as a key component of nursing care?

- A. Nutrition balance
- B. Environment cleanliness
- C. Medication administration
- D. Patient counseling

**Correct Answer: B. Environment cleanliness**

**Q4.** Which document outlines the professional standards and responsibilities for nurses?

- A. Code of Ethics & Nurse
- B. Constitution
- C. Hospital bylaws
- D. Care pathways

**Correct Answer: A. Code of Ethics & Nurse**

**Q5.** Which concept is essential for therapeutic communication in nursing?

- A. Sympathy
- B. Multitasking
- C. Empathy
- D. Delegation

**Correct Answer: C. Empathy**

**Q6.** What is the most critical element of evidence-based nursing practice?

- A. Historical trends
- B. Random nurse observations
- C. Research evidence
- D. Physician's opinions

**Correct Answer: C. Research evidence**

**Q7.** What does the nursing process begin with?

- A. Diagnosis
- B. Planning
- C. Assessment
- D. Evaluation

**Correct Answer: C. Assessment**

**Q8.** Which phase of the nurse-patient relationship is characterized by establishing trust and rapport?

- A. Termination phase
- B. Orientation phase
- C. Working phase
- D. Discharge phase

**Correct Answer: B. Orientation phase**

**Q9.** A nurse practicing within their scope is demonstrating which concept?

- A. Advocacy
- B. Legal Accountability
- C. Supervision
- D. Hierarchy

**Correct Answer: B. Accountability**

**Q10.** In Maslow's hierarchy of needs, which of the following must be met first?

- A. Safety and security
- B. Self-actualization
- C. Physiological needs
- D. Love and belonging

**Correct Answer: C. Physiological needs**