# Syllabus for Auxiliary Nurse & Midwives

### Total Mark-100

- 1. Community Health Nursing: Concept of Health, community Health practices, Health problem and Policies, Health Organization, Role of Health Team, Structure of community, Dynamics of Community, Community need assessment Communication methods & media, counseling, community based rehabilitation.

  Marks -20
- 2. Health promotion: (A) Nutrition Essential nutrients, Nutritional Problems, Nutritional Assessment promotion of nutrition;
  - (B) Human Body and Hygiene- The human body, Hygiene of the body, optimal functioning of the body.
  - (c) Environmental Sanitation- Environmental sanitation, safe water, Disposal of Excreter & Waste, community participation.
  - (D)Mental Health-Maladjustment, Mental Illness, Old age care. Marks-15

# 3. Primary Health Care(Prevention of Disease& Restoration of Health)

## (A) Infection & Immunization

concept of disease, Infection, Immunity and body defense mechanisms, immunization, collection of specimen, Disinfection & sterilization waster Disposal.

## (B) Communicable Disease:-

Introduction of communicable disease, communicable diseases, Care in communicable diseases, Epidemic Management.

## (C) Community Health Problems

Care of the sick in the community, fever, Respiration Problems, Arches & Pains, Digestive Problems, Urinary Problem Cardiovascular Problem,

Disease of then ervoussy stemmetabolic diseases, Diseases of muscular skeletalatal system care of handicap.

- **(D) Primary Medical Care**:-Types of drugs, Administration of drugs, Drugs used in minor aliments, common emergency drugs.
- (E) First Aid & Referral- Need for first Aid, Minor injuries & ailments, fractures, Life threatening conditions.

  Marks -20
- Child Health Nursing: Growth & development, Nutrition of infants & children, children's Rights, care of the sick child, care of schoolchildren, care adolescents, care of adolescent girls.

  Marks -15



#### 5. Midwifery:-

Human Reproductive System Female Pelvis & fetal Skill, fetusandpla centa, Normal Pregmamcu, Antenated care, Normal Labour Care during Normal Labour, Normal Puerperiam, Care of new Born, Abnormalities of Pregnancy, Abortion, Abnormal Child Birth, Abnormal Puerperium, Surgical intervention, medications used inmidwifery, Life Cycleapproch, Status of women & empowerment, Womenshealthproblems, RTI 's & STI's HIV/AIDS, infertilitypopulation Education, family welfare. Marks-15

#### 6. Health Centre Management-

The sub centre, Maintenances of Stocks, Coordination, Implementation of national health programs, update knowledge, Mark-15

उप संचालक (अविज्ञप्त) संचालनालय स्वास्थ्य सेवाये छत्तीसगढ